

Gym Instructor (12 Months Contract Employment) Salary: R211 713 per annum (Salary Level 06)

• REF NO: H/O 17/2022 • Centre: Mmabatho, Head Office

Requirements: • Matric plus National Diploma or Bachelor's Degree related to Health Fitness, Exercise Science or Physical Education • Certificate on Cardiopulmonary Resuscitation(CPR) • Course on Nutrition, Exercise Techniques and Group Fitness.

Knowledge and Skills: • Substantial experience as a Fitness Trainer/Instructor • Ability to Lead • Instruct and motivate individuals or groups in exercise activities including cardiovascular exercises(exercises for the heart and blood system) • Strength training and stretching • Ability to work with people of all ages, gender, disabilities and skill levels • Computer literacy in Microsoft Packages • A valid driver's license will be an added advantage.

Duties/Responsibilities of gym instructor: • Demonstrate how to carry out various exercise and routines • Watch clients do exercise and show or tell them correct techniques to minimise injury and improve fitness • Give alternative exercise during workout or classes for different levels of fitness and skill • Monitor clients' progress and adapt programs as needed • Explain and enforce safety rules and regulations on sports, recreational activities and the use of exercise equipment • Give clients information or resources about nutrition, weight control and lifestyle issues • Give emergency First Aid if needed.

Enquiries: Mr. Mohau Seitsang, tel: (018) 388 4301

This Department is an Equal Opportunity Affirmative Action Employer. It is our intention to promote representatively (race, gender and disability) e.g. White, Indian, Coloured and African, in the Department through the filling of posts. People with disability are encouraged to apply. The candidates whose transfer/promotion/appointment will promote representatively will receive preference. An indication in this regard will facilitate the processing of applications.

Compliance: The Application must be fully completed and that is compulsory to fill all fields on the New Amended Z83 Form (81/97/1431) as prescribed with effect 01 January 2021, which must be signed, initialled and dated to be considered, is obtainable at any National or Provincial Departments, www.gov.za. The new Z83 Form must be accompanied by a recent updated and comprehensive curriculum vitae with competencies and experience, including three (3) names of contactable referees; Copies of all required qualification(s), **including Grade 12 Certificate or equivalent;** and all applicants with tertiary qualification(s) must be accompanied by copies of academic record/transcript(s); attached ID copy. Persons in possession of a foreign qualification must furnish this Department with an evaluation certificate from the South African Qualification Authority (SAQA).

Applicant previous information for background checks/reference checks about the high school/college/university/employment records will be verified through referees. Applicants need not to submit certified documents. Only shortlisted candidates for the post will be required to submit certified documents on or before the day of the interview. Failure to submit the requested documents, faxed, e-mailed applications will not be accepted or considered. All qualifications will be verified. The successful candidate(s) will be required to undergo personnel suitability checks and will be subjected to security screening which include, criminal records, citizenship, financial credits, qualifications verification and vetting.

Applications should be forwarded in time, since any applications received after the closing date will, as a rule not be accepted. It will be expected of candidates to be available for interviews selection on a date, time and place as determined by the Department. The Department reserves the right not to make appointment. Applicants must indicate the Post, the Center and the Reference number on the Z83 Form application. The successful candidate will enter into an annual performance agreement, and annually disclose his/her financial interest. Candidates requiring additional information regarding advertised post(s) must direct their enquiries to the relevant person indicated.

NB: Communication and Correspondence will be limited to short-listed candidates only. If you have not heard from us within three months after the closing date, please accept that your application has been unsuccessful.

All Applications must be addressed to: **Head of Department, Public Works and Roads, Private Bag x2080, Mmabatho, 2735 or Hand delivered to Registry Office no. 133, Ground Floor, East Wing - Old Parliament Building Complex, Modiri Molema Road, Mmabatho, 2735. For Attention: HR Recruitment - Mr. M.E Khauoe.**

Closing Date: 29 July 2022

(Posted Applications must have reached the Department by 15h30 pm, otherwise they will not be considered)



dpwr

Department: Public Works and Roads
North West Provincial Government
REPUBLIC OF SOUTH AFRICA