Patients with COVID-19 have experienced mild to severe respiratory illness.

**Symptoms** can include:
- **Fever**
- **Cough**
- **Shortness of Breath**

*Symptoms may appear 2-14 days after exposure.*

Seek medical advice if you develop symptoms, and have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

COVID-19 Hotline: 0800 029 999
COVID-19

Help prevent the spread of respiratory diseases like COVID-19

Avoid close contact with people who are sick.

COVID-19 Hotline: 0800 029 999
COVID-19

Help prevent the spread of respiratory diseases like COVID-19

Avoid touching your eyes, nose, and mouth.

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Help prevent the spread of respiratory diseases like COVID-19

Clean and disinfect frequently touched objects and surfaces.

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Help prevent the spread of respiratory diseases like COVID-19

Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
Help prevent the spread of respiratory diseases like COVID-19

Stay home when you are sick, except to get medical care.

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Help prevent the spread of respiratory diseases like COVID-19

Wash your hands often with soap and water for at least 20 seconds.

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health
Department: Health
REPUBLIC OF SOUTH AFRICA
COVID-19

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